

Salmon Cakes *Serves 6*

- 1 can of salmon
- Medium potato with skin, boiled and mashed
- 1 egg
- Medium onion, finely diced
- Small can of corn, drained
- 1 tbsp Vegetable oil

1. In a bowl, mix the salmon, potato, egg, onion and corn.
Season mixture with pepper and desired spice for taste.
2. Form mixture into cakes and cook in pan with vegetable oil over medium heat.

Goes great with Carrot Raisin Mallow Salad! (see recipe)